

Multiple Intelligences Test - based on Howard Gardner's MI Model

(manual version - see businessballs.com for self-calculating version)

[more info at
businessballs.com](http://businessballs.com)

Score the statements: 1 = Mostly Disagree, 2 = Slightly Disagree, 3 = Slightly Agree, 4 = Mostly Agree

Alternatively for speed, and if easier for young people - tick the box if the statement is more true for you than not.

Adults over 16 complete all questions. Young people between 8-16 answer red questions only. This is page 1 of 4.

A short version featuring the young people's questions only is available free from the businessballs website.

Score or tick the statements in the white-out boxes only	Score							
I like to learn more about myself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1
I can play a musical instrument	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	2
I find it easiest to solve problems when I am doing something physical	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	3
I often have a song or piece of music in my head	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	4
I find budgeting and managing my money easy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	5
I find it easy to make up stories	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	6
I have always been physically well co-ordinated	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	7
When talking to someone, I tend to listen to the words they use not just what they mean	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	8
I enjoy crosswords, word searches or other word puzzles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	9
I don't like ambiguity, I like things to be clear	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	10
I enjoy logic puzzles such as 'sudoku'	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	11
I like to meditate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	12
Music is very important to me	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	13
I am a convincing liar (if I want to be)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	14

I play a sport or dance							15
I am very interested in psychometrics (personality testing) and IQ tests							16
People behaving irrationally annoy me							17
I find that the music that appeals to me is often based on how I feel emotionally							18
I am a very social person and like being with other people							19
I like to be systematic and thorough							20
I find graphs and charts easy to understand							21
I can throw things well - darts, skipping pebbles, frisbees, etc							22
I find it easy to remember quotes or phrases							23
I can always recognise places that I have been before, even when I was very young							24
I enjoy a wide variety of musical styles							25
When I am concentrating I tend to doodle							26
I could manipulate people if I choose to							27
I can predict my feelings and behaviours in certain situations fairly accurately							28
I find mental arithmetic easy							29
I can identify most sounds without seeing what causes them							30
At school one of my favourite subjects is / was English							31
I like to think through a problem carefully, considering all the consequences							32
I enjoy debates and discussions							33
I love adrenaline sports and scary rides							34
I enjoy individual sports best							35
I care about how those around me feel							36
My house is full of pictures and photographs							37
I enjoy and am good at making things - I'm good with my hands							38
I like having music on in the background							39
I find it easy to remember telephone numbers							40

I set myself goals and plans for the future								41
I am a very tactile person								42
I can tell easily whether someone likes me or dislikes me								43
I can easily imagine how an object would look from another perspective								44
I never use instructions for flat-pack furniture								45
I find it easy to talk to new people								46
To learn something new, I need to just get on and try it								47
I often see clear images when I close my eyes								48
I don't use my fingers when I count								49
I often talk to myself – out loud or in my head								50
At school I loved / love music lessons								51
When I am abroad, I find it easy to pick up the basics of another language								52
I find ball games easy and enjoyable								53
My favourite subject at school is / was maths								54
I always know how I am feeling								55
I am realistic about my strengths and weaknesses								56
I keep a diary								57
I am very aware of other people's body language								58
My favourite subject at school was / is art								59
I find pleasure in reading								60
I can read a map easily								61
It upsets me to see someone cry and not be able to help								62
I am good at solving disputes between others								63
I have always dreamed of being a musician or singer								64
I prefer team sports								65
Singing makes me feel happy								66

I never get lost when I am on my own in a new place	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	67
If I am learning how to do something, I like to see drawings and diagrams of how it works	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	68
I am happy spending time alone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	69
My friends always come to me for emotional support and advice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	70

Add the scores or ticks in each column and write the total for each column in the boxes on the right.

Your highest scores indicate your natural strengths and potential - your natural intelligences.

There are no right or wrong answers.

My strongest intelligences are (write them here):

Intelligence type	your totals						
Linguistic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Logical-Mathematical	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Musical	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bodily-Kinesthetic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Spatial-Visual	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Interpersonal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intrapersonal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

You are **happiest** and **most successful** when you **learn, develop, and work** in ways that make **best use** of your **natural intelligences** (your strengths and style and brain-type).

This indicator can help you to focus on the sort of learning and work that will be most fulfilling and rewarding for you.

The multiple intelligences definitions are available in sheet 2 of the MSEXcel file containing this test. The file and more information about multiple intelligences are available from the website www.businessballs.com.